All food was also made up of the 4 elements. Here rice was of particular importance. The body was seen as built and maintained by rice. Flesh in fact was rice, an image probably derived from Buddhist scriptures. 11

Each element carried with it its substantive aspect of heat, flowing, etc., and its astrological nature and relations. Elements could be compatible or incompatible with each other. Earth, water, wind, iron, and wood for instance were compatible. Gold "got along" with all elements. Fire, though, was incompatible with wind, water, and wood for it could destroy their proper proportion.

The effect of astral and planetary relationships at the moment of birth on one's constituent elements induced qualities of character.[12] Mind and body were a continuum. Because family members were born at different moments of time, intrafamilial temperamental differences were expected.[13] Persons made up of incompatible elements quarreled. Thus, friction might occur between parents and children. For a husband and wife, who lived in especially close proximity, the constitutional elements were of special importance. Through marital relationships their elements were in physical contact. Consequently, in the old days, a couple contemplating marriage ascertained through their horoscopes the compatibility of their natal elements to determine whether they could live together without destroying each other. For instance, a girl with much fire in her make-up was easily angered and prone to fevers. She could not make a successful marriage with a boy with much wood.

Physiology

A single physiological process controlled the functioning of the body and the mind; i.e., the equilibrium of its elements. If the elements were in proper balance, proportion or harmony, a person was healthy; if an element were excessive or deficient,

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11. "This, my formed body, is composed of the 4 Elements, generated by Father and Mother, built up from rice, porridge and sour gruel," says the Buddha (Suriyabongse 1951:11).

12. Merit, the other determinant of character, is discussed in "Influences on Health" below.

13. Cf. the proverb "The joints (knots) on the same stem are nevertheless unequally spaced, so even brothers are of different minds," (Gerini 1904:14).

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seen childbirth not once, but many times, so willing hands abounded. So, one day, Dūan went to Sāi. "Will you help me, and come when I call you? Please do not go far at that time." Sāi agreed, knowing in her heart she had expected to care for Dūan. No day could be calculated because the baby decided when to be born. Dūan came home very fast, for doing so would help ensure a fast delivery.

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As the weeks passed, Song, the new child's father, collected outside the house a great cone of sakae firewood from their land. This wood was for the post-partum fire beside which Dūan would lie for many days. As the fire had to be very hot, a great deal of wood was needed, all to be collected beforehand. Song also covered the outside of the pile with thorny woods to keep away evil spirits. On her part, Dūan knew that everything needed for delivery was ready in the house as part of the regular household staples or utensils. Nothing need be bought except possibly a little Borneo camphor to mix with lemon grass for faintness, and alum. The midwife should never bring anything with her because it was essential to use what was in the house. Anything lacking could be quickly borrowed after the pains started. The little cushion on which the baby was to lie was cut, and half-filled with kapok. It was not sewn up, lest it induce by example a closed-up exit from the womb, or suggest a mal-placed or deformed baby which had to be delivered onto a pillow. No one wanted to prepare for such an unhappy event. No clothing was bought for the child ahead of time for then the child might die, and all would have to be destroyed.

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Dūan felt at ease and yet somewhat frightened at the prospect of the pain ahead. At an ordination she attended one night she listened again to the chant she had heard many times:

> "In childbirth a woman has pain all over her body...She is losing her soul and feels so frightened, despairing, and suffering that she throws herself up and down from time to time as if her mind were terribly wounded by the poisonous arrow of a hunter. She is uneasy and moans loudly as if a big mountain had fallen down upon her, and she is supposed to wait for death. She does not recover even if massaged by someone. She does not think of her pain, but tries to save the child's life, when, after the pushing wind comes, he is born" (S.S.).

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On other occasions she pondered the deep satisfaction of her maternal role, then laughed in recalling a crafty woman who

844 989 852 would later manifest their characteristics. Much as Dûan loved her own mother, Lek ought not to winnow the child because she had had the misfortune to lose 3 babies in infancy. An older person was desirable, for longevity, too, indicated virtue, and the child would then also live long. Of all the women present, besides her mother, Sâi was the one Dûan trusted and respected most, and Sâi had raised healthy babies. Dûan turned to her. "Please winnow and bless the baby." She wanted, as every mother did, to catch and so claim the child for herself.

Sâi seated herself close to Duan, picked up and raised high the tray with the little boy and the auspicious items. Waving the tray in a circular motion slowly from left to right, clockwise, she recited the old words: "Three days [539] a spirit child; on the fourth day, a human child! Whose child is this? Is this the child of a female pot? Of a jar? Come, take this child!" Three times Sâi chanted these old words and on the third, Dûan cried out, "Mine!" The tray with the child was gently tossed in her direction. She caught it as it slid toward her. Then Sâi took the [774] holy thread and tied some around each of the child's wrists and ankles to seize and "welcome" its soul (kânrapkhwan), giving the while the traditional blessing. "Come, khwan! [539] Come my own child! Stay well and eat well! Do not get sick or have fever! Be cool and happy! Feed your father and mother until they are old. Hold the walking stick with the gold head, or the stick with jewels on its top! Stay at home like the bottom of the house post! Watch the house like a cat! Eat and stay here! Never go roaming! Be fat as the golden ash pumpkin, heavy as the long melon, strong as an elephant in must! Be the head priest when ordained and the leader of men when you leave the priesthood! Come, khwan!"[35] Thus, Dûan claimed the child for herself and for her family, to nourish and raise. Because such a fine person as Sâi had started this son on its life-habits, and Dûan was already sparing no efforts in assuring his progress, he would be a good boy, and reciprocate her pain and effort.

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[539] 35. Another version added the words, "Have the strength of Hanuman! Hold the stick with the iron head! Be a student." For a girl, "If you have a family, keep cool and happy! Earn your livelihood (tham mâ hâ kin)! Have enough to use and eat! Do not lower (tam) your face, or eyes," i.e. "don't be poorer than your friend." A China-born Thai woman's blessing was "Mother, nourish, and care for this child. Do not let it be hurt or have fever."

before completing these obligations, the parents lost out on their anticipated reward (cf. L.M. Hanks, 1962).

Since waywardness (pai thîao) was considered a continuous threat, magical means were taken at the moment of birth to ensure that a child stay close to the family that raised him. The blessing following the winnowing ceremony invoked immovable things: the post, the cat that traditionally never roamed far, the pumpkin that sat and fattened:

> "...Stay at home like the bottom of the house post. Watch the house like a cat. Eat and stay here! Never leave home. Be fat and heavy as the ash pumpkin..."

The most important binding actions utilized, or brought the child into physical contact with, objects long associated with family, in particular the house and land. The umbilical cord was cut on earth or phlai dug from the house-land itself with a bamboo "knife" sliced from one of the deeply sunk house posts. Of these "the knife is the important thing." The phlai also had medicinal purposes. With a feather "from the mother's house" the baby's navel was smeared with cobwebs from a spider whose web indicated long undisturbed residence. They buried the placenta either under some large old tree that stood near the house, or under the house stair. The old family winnowing tray, old clothes, and well-used family possessions were used first before any new furnishings were purchased for the baby. A fire of sakae wood grown on premises boiled the water for the baby and mother, and heated the mother. Sakae "was planted when a house was first built so that every generation of occupants would have it available for use at confinement" and also for firewood at other times (cf. McF. 834). All these binding rites assured that the child being rooted to a home terrain, would not wander frightened, and so "would not cry." He also would be at home to participate in the merit-making that would reconstitute the family in another existence.

If a child were born away from home, how was this bond to his locality established? On one to two occasions when the child was born at the Minburi Health Center, Hauck (notes, 1954) observed a solution to this dilemma. The mothers returned home, as was customary, within a few hours of delivery and were established by their respective fires. Their babies were winnowed and laid on their trays with the usual suspicious book, pencil, and needle. Neither tray held any bamboo, clod, nor phlai, however, for these had not been used. On one tray, though, was laid a steel knife from the kitchen, mute proof that a family cutting instrument ought to be there. On another occasion, a father asked to be given his child's placenta so as to bury it on the house site. In so far as possible, people in Bang Chan tried to carry on the old rites.

562 789 [754] [787] love philters, and they might be "sealed up" in childbirth or attacked by khun, their capacities to "liang" were inalienable. If any woman tried to tamper with men's magic, a severe sanction fell on her. She became the host of the phī krasū who lived from faeces like a dog.[59] On the other hand in a legendary case a man who tried to perform one of the women's rites to the Rice Mother was destroyed.[60] Furthermore, the Buddhist sanction of sinfulness fell on any man using magic for evil purposes.

562 791 [755] [793] The single channel where women might operate in the men's field of curing, power, clairvoyance, etc. was as a medium (khon song), through possession by a spirit. If possessed by a male mō, she could do everything a mō could do. Men were never mediums. Bang Chan's only medium was possessed by a male mō.[61] During seances she talked and sat like a man, and gave out cures and advice to an eager clientele. Only while wearing the yellow robe of an ordained priest did a man enjoy a generalized eufunction comparable to a woman's nurturing capacity. His powers in many respects were far greater than here, but limited in her speical province.

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[832] [156] [628] [626] [593] 59. My finding is based on Textor's interesting facts (pp. 305-330). He described the hosts of phī krasū as married women ("never a maiden") in their 30's or 40's, who were "invariably" trying to learn love magic. Such women were, however, violating their sexual function as nurturant and worse, their status as "auk" women, ritually established by the holy fire! Ostracism by the community, implemented by fear of contagion through spittle, lasted even unto the deathbed. The phī krasū's daughter alone was immune while giving the devoted care which was every mother's due in her old age, for Bang Chan desired no alienation of this filial duty even out of fear of the terrible sanction on the mother.

[539] [776] 60. The legend ran that once a man instead of a woman went into the rice field to perform the ritual inviting of the Rice Goddess to stay there and be cared for with food and offerings during her pregnancy. The goddess he met was not an immature and tender child-like spirit, but the adult, pregnant being who was powerful, flirtatious, and frightening. Dazzled by her beauty he fell in love with her, and ran away with her, vanishing forever. The goddess, affronted because an improper person arrived to deal with her, destroyed him.

[825] [787] 61. In Bangkok, monkey, cats, or spirits may also possess women.